



Motivation

Motivation is what drives students to apply themselves to their learning. It is related to engagement, which describes the behaviours of a motivated student.

Motivation is boosted by:

- ↑ positive relationships with teachers
- ↑ experiencing autonomy and choice
- ↑ feeling connected to school, others, and what is being learned
- ↑ a sense of competence and self-efficacy

Teachers can support student motivation by:

- ↑ getting to know students' strengths, interests, and values
- ↑ conveying that you care about students' achievement and wellbeing
- ↑ designing interesting and challenging learning tasks
- ↑ emphasising the value and relevance of the learning
- ↑ giving students choice where appropriate
- ↑ ensuring students experience success in their learning